

## Meaningful Day Services

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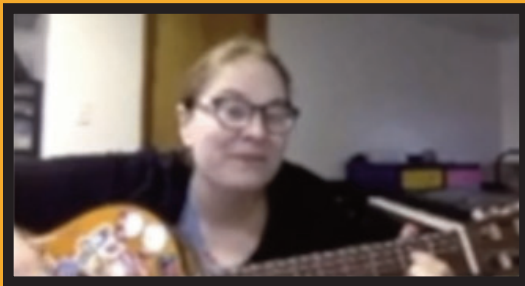
# Meaningful Day Services *newsletter*



Playing tone bells through Telehealth!  
The options are endless! We are  
continuing strong for our clients with  
a variety of effective telehealth services!

# Virtual Recitals

## Spring 2020



Spring season for the Music Therapy Department is usually a busy time. Under normal circumstances, our team of music therapists would host several music therapy recitals across Indiana during the spring season. However, we know that 2020 has not been the year of normal circumstances.

As our communities changed with stay-at-home orders in March, we worked swiftly to provide a continuum of care via telehealth options. With the loss of so many routines, our music therapists felt a strong need to figure out another way to host our recitals, while adhering to social distancing.

With technology on our side, we quickly were able to figure out unique ways to record performances via audio and video options. As performances were recorded, we were able to edit them together into short collective videos for clients, families, and friends to view.

As a result, we have published seven virtual recitals with more than 70 performers! The music therapy recitals are a wonderful time for individuals to showcase their accomplishments. We are so proud of the efforts of all involved to successfully offer this avenue for our recitals.





# Meet Sam!



This month's client success story is of Sam! Sam has been receiving respite services with Meaningful Day Services for several years and has accomplished many things with his staff! Most recently, Sam has had the opportunity to work on various goals and activities with his staff. One of the biggest goals he has been diligently working on is his academic skills. Sam participates in various activities that help him work on number recognition and number counting. He practices by playing games that allow him to use manipulatives to assist in his learning. He specifically enjoys using UNO as a tool, as well as rolling dice and other card games. Sam has been doing

an awesome job at working on this goal recently, and has done his homework!

In addition to the number-recognition skills he is working on, Sam has also begun to work on money counting skills with his staff. They have been discussing and working on counting money that would equal a purchase from their game. These types of games and activities have aided Sam in expanding his counting and math knowledge.

Sam's biggest challenge in his money-counting goal was wanting to give up too soon, or getting frustrated when he had to take time to count the dice first. To help him get through these activities with little frustration, Sam has also been working on his communication skills to let staff know when he was confused or needed assistance. Awesome job, Sam!

Since the start of quarantine, Sam has also done a fantastic job by adapting to the change and keeping to his routine. He has made sure to get exercise! It has been very important to Sam, and he hasn't let this change get in the way of his exercise. He has kept active by walking in his neighborhood, playing basketball outdoors, and walking local trails. Through the use of his respite services, Sam had done a fantastic job keeping up with his academic and movement goals with staff, while working on fostering appropriate social/emotional skills.

**Awesome job Sam! Keep up the great work!**

## Meet Jessica!

We would like to recognize Behavior Consultant Jessica, for her dedication and hard work.

She has kept a positive outlook and adapted easily to all the changes in our department over the past two months. She has been creative in researching and personalizing all sessions for her clients to best meet their needs through telehealth services. One parent shared this about Jessica: "Jessica is very efficient; she is kind and patient with my son." Thank you, Jessica, for striving for excellence!



### Family and Caregiver Training

Do you struggle with one aspect of care for your loved one? We are looking for suggestions regarding training topics Meaningful Day Services can offer in the near future. We would appreciate your recommendations by completing the following two-question survey. It should take less than one minute to complete this survey. Thank you in advance for your input!

**SURVEY:** <https://www.surveygizmo.com/s3/5542161/FCAR-survey>



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